

8. Appendix C: Novice



INFORMATION

Novice is intended to help transition athletes from recreation to competitive stream. Athletes can compete in Novice for 1-2 seasons depending on how their entry point.

Entering Novice in final year of AG11-12 or AG 13-15: 2 seasons permitted to prevent the athlete from missing an figures age group.

For example, an athlete who enters novice in their final year of AG11-12 will:

- Year 1: Compete AG10&U figures in AG11-12 Novice.
- Year 2: Compete AG11-12 figures in AG13-15 Novice.
- Year 3: Compete AG13-15 figures in AG13-15 event.

Once Novice eligibility expires, athletes must choose either the competitive or recreation stream. This is a 'figures only' category, so athletes swim routines in their respective age category.



PROVINCIAL MEETS

- Novice athletes follow the competition schedule for Provincial Stream.
- Please refer to the appropriate Age Group Appendix for more information:
 - AG10&U – Appendix D
 - AG11-12 – Appendix E
 - AG13-15 – Appendix F
 - AG16-20 – Appendix G



FIGURES

Novice athletes compete in the figure events on age group lower than their actual artistic swimming age group.

For example, a Novice athlete who qualifies for AG11-12 competes in AG10&U figures.



COMPETITIONS

- Training Meet #1
- Training Meet #2
- Training Meet #3
- PS Provincial Qualifier (Mable Moran)
- PS Provincial Championship (Jean Peters)



TIME LIMITS

- Deck work must be 10 seconds or less
- Walk on must be 30 seconds or less, timed from the first athlete crossing the starting point until all are stationary.
- Routine time limits are the same as those for the artistic swimming age group of the respective athlete.



LTAD SKILLS

Appendix Q outlines the optional, but recommended, Long Term Athlete Development standards.