



Mable Moran Championships April 22-24, 2022 City Centre Aquatic Complex, Coquitlam, BC

Version 1 - Mar 29

Friday, April 22, 2022						
Time	Event		Time	Panels	Entries	
6:00	6:15		Coach/Referee Meeting, General Warm-up	15 m		
6:15	6:35		Warm-up	20 m		
6:40	6:50	1	Solo: Masters Technical	10 m		2
6:50	7:10	2	Solo: 11-12 PS	20 m		6
7:10	7:20	3	Solo 13-15 PS	10 m		2
7:30	7:40		Judge/Coach Feedback	10 m		
7:35	7:45		AWARDS: Solo 11-12 PS, 13-15 PS	10 m		
7:30	7:50		Warm-up	20 m		
7:50	8:25	4	Solo: 16-20	35		8
8:25	8:35	5	Solo: Masters Free	10 m		2
8:35	8:45		Judge/Coach Feedback	10 m		
8:45	8:55		AWARDS: Solo 16-20 and MA	10 m		

*Two warm-up lanes from 6 pm to 8:30 pm

Saturday, April 23, 2022						
Time	Event		Time	Panels	Entries	
8:00	8:15		Coach/Referee Meeting, General Warm-up	15 m		
8:15	8:35		Warm-up	20 m		
8:40	8:50	6	Figures: Adaptive	10 m	1	2
8:40	9:00	7	Figures: Masters Rec	20 m	2	7
9:00	9:20		Warm-up	20 m		
9:25	10:30	8	Figures: LC Beginner	1hr 5m	1	23
9:25	10:15	9	Figures: LC Intermediate	50 m	2	14
10:15	10:35		Warm-up	20 m		
10:40	12:00	10	Figures: 10 & Under	1 hr 20	1	22
10:40	12:05	11	Figures: 16-20	1hr 25	2	17
12:05	12:45		Lunch Break	40 m		
12:15	12:30		Awards: AS, MA, LC Figures	20 m		
12:35	12:55		Warm-up	20 m		
1:00	2:20	12	Figures: 11-12	1 hr 20	1,2	41
1:00	2:10	13	Figures: 13-15	1 hr 10	3,4	28
2:15	2:35		Warm-up	20 m		
2:40	3:10	14	Team: Limited Competitive	30 m		6
3:10	3:20	15	Team: Masters Rec	10 m		2
3:20	3:30		Judge/Coach Feedback	10 m		
3:25	3:40		Awards: 11-12, 13-15 Figs, LC & MA Teams	15 m		
3:40	4:10		Warm-up (Split)	20 m		
4:15	4:25	16	Duet: Adaptive	10 m		1
4:25	4:45	17	Duet: Masters Technical	20 m		5
4:45	5:05	18	Duet: 11-12	20 m		5
5:05	5:20	19	Duet: 13-15	15 m		3
5:20	5:30		Judge/Coach Feedback	10 m		
5:25	5:35		Awards: PS, AS Duets	15 m		
5:30	5:50		Warm-up	20 m		
5:55	6:10	20	Duet: 16-20	15 m		3
6:10	6:35	21	Duet: Masters Free	25 m		5
6:35	6:45		Judge/Coach Feedback	10 m		
6:40	6:50		Awards: 16-20 & MA Duets	10 m		

Sunday, April 24, 2022						
Time		Event		Time	Panels	Entries
8:00	8:15		Coach/Referee Meeting, General Warm-up	15 m		
8:15	8:35		Warm-up	20 m		
8:40	9:05	22	Team: Masters Technical	25 m		6
9:05	9:30	23	Team: 10 & Under	15 m		3
9:30	9:40		Judge/Coach Feedback	10 m		
9:35	9:45		Awards: 10&Under Teams	10 m		
9:40	10:10		Warm-up (split)	20 m		
10:15	10:40	24	Team: 11-12	25 m		5
10:40	11:20	25	Team: 13-15	40 m		8
11:20	11:30		Judge/Coach Feedback	10 m		
11:25	11:35		Awards: 11-12, 13-15 Teams	20 m		
11:30	11:50		Warm-up	20 m		
11:55	12:00	26	Team: 16-20	5 m		1
12:00	12:25	27	Team: Masters Free	25 m		4
12:25	12:35		Judge/Coach Feedback	10 m		
12:30	12:45		Awards: MA, 16-20 Teams	15 m		
12:45	1:15		BCSG Coaches Meeting (on deck)/Open Pool	15 m		
1:15	1:35		Warm-up	20 m		
1:40	3:20		Figures: BC Summer Games Trials	1h 40m	1,2,3,4	80

*Two warm-up lanes are available from 8am-6:30pm Saturday and 8am-3pm Sunday