

2020-2021 PROVINCIAL COMPETITION PLAN

Guiding Principles & Rule Modifications

2021 COMPETITION SEASON GUIDING PRINCIPLES

SAFETY FIRST

The safety of all participants will be the leading principle that will guide our decisions as we navigate through the competition season.

EMBRACE THE NEW NORMAL

Embrace the new opportunities and resist thinking we will be able to do what we have always done.

BE ADAPTABLE

Accept that artistic swimming WILL look different for every province and club - what is important is not being held back because we are catering to the lowest common denominator. There needs to be the opportunity for everyone to deliver programming based on whatever protocols are in place in their own area of the country.

SUPPORT THE SPORT

We must support Artistic Swimming happening in the 2020-2021 season in whatever way that is possible. The priority is the health of the sport and what can be done to ensure that artistic swimming flourishes in every club in Canada.

SHIFT OUR FOCUS

There needs to be a focus shift away from the end goal of "events" to the experience/environment in clubs and the athlete experience for the season. This season is about the process (the journey) and not the outcome (results at national events).

PROVIDE CERTAINTY

We need a plan that has 100% certainty with alternate plans ready to execute if things change.

2020-2021 Rule Modifications

- Dryland Skills Competitions at all Training Meets + Routine Meets if only Virtual Dryland is offered.
- Land Routine Events at all provincial qualifier and championships.
- No Highlight Routine Events (per CAS directive)
- Combo to be redefined per CAS
- Allow Combo Routines for Provincial Stream Qualifier and Championships
- Provincial Championships eligibility is not contingent on Qualifier participation
- Push Mable Moran Provincial Qualifier to May
- Push Jean Peters Provincial Championship to June
- Offer different categories within same events (e.g. with/without highlights, with/without physical distancing)
- Athletes registered in Novice for 2019-20 can swim Novice in 2020-21
- Suspension of in-province age eligibility (can swim same age group as 2019-20)
- CAS/FINA suspension of Junior age eligibility (extends to synchro age 19 for 2020-21)
- TM #3 for PS and LC athletes, includes routine (water/land) feedback
- No Fun Meets permitted
- No watershows permitted in 2020; to be reassessed in January 2021
- Final dates of NS Qualifier and Championships dependent on National Qualifier date



2020-2021 PROVINCIAL COMPETITION PLAN

Training Meets

| COMPETITION / EVENT | | DATES | EVENT TYPE | LIKELINESS | DECISION DEADLINE | EVENT CATEGORIES | AGE & STAGE | REGISTRATION DEADLINE | VIDEO SUBMISSION DEADLINE |
|---------------------|------|----------------------|-------------------------------------|------------|-------------------|---|-------------------------------------|-----------------------|---------------------------|
| TRAINING MEETS | TM#1 | November 14-15, 2020 | Virtual Dryland Virtual in Water | Certain | N/A | In Water Technical Requirements *Dryland skills competitions | PS- All Ages NS - All Ages | October 30, 2020 | November 6, 2020 |
| | TM#2 | December 12-13, 2020 | | | | | PS- All Ages NS - All Ages | November 13, 2020 | December 4, 2020 |
| | TM#3 | March 2021 | | | | In Water Technical Requirements per BCAS Tech Package *Dryland Skills progressions per BCAS Tech Package PRIMARY Routine Feedback | PS- All Ages Limited Competitive | February 2021 | February 2021 |

| VIRTUAL DRYLAND | VIRTUAL IN WATER | SAFETY FIRST | EMBRACE NEW NORMAL |
|--|---|-----------------|--------------------|
| <p>All training meets include Virtual Dryland Skills Competitions so ALL clubs can participate. Events are pre-recorded and judged live in a virtual setting when possible. If possible, clubs are encouraged to record events in group setting with coaches present. No inverted skills (i.e. head stand or candle position) may be competed without a coach present in person. If a coach cannot be present during recording, someone MUST be present with the athlete. Skills progressions are outlined in the BCAS Technical Package.</p> <p>*Dryland Skills Competitions are virtual competitions where athletes perform prescribed land skills outlined in Tech Package.</p> | <p>Traditional TM figure events that are prerecorded during club pool time. Video submission are judged during a live virtual event. Live judging will run like a live event, announcer, events scoring, etc. Video submission deadlines must be respected. Figure progressions are outlined in the BCAS Technical Package.</p> | BE ADAPTABLE | SUPPORT OUR SPORT |
| | | SHIFT OUR FOCUS | PROVIDE CERTAINTY |



2020-2021 PROVINCIAL COMPETITION PLAN

Provincial Qualifiers

| COMPETITION / EVENT | | DATES | EVENT TYPE | LIKELINESS | DECISION DEADLINE | EVENT CATEGORIES | AGE & STAGE | REGISTRATION DEADLINE | VIDEO SUBMISSION DEADLINE |
|----------------------|---|---------------------|------------------|-------------|-------------------|---|---|-----------------------|---|
| PROVINCIAL QUALIFIER | National Stream | January 29-31, 2021 | In Person | Less Likely | December 15, 2020 | 13-15 Figure & Routine Events Junior & Senior Technical & Free Events No Highlight Routine Redefined Combo Event **Land Routine Events | NS - All Ages | December 18, 2021 | N/A |
| | | | Virtual In Water | More Likely | | | | | January 22, 2021 |
| | | | Virtual Dryland | Certain | N/A | | | | Dryland Skills Competitions **Land Routine Event |
| | Provincial Stream Masters Ltd Competitive | May 2021 | In Person | Less Likely | March 1, 2020 | All PS, LC & MA Rec Figures & Routine Events MA Competitive Technical & Free Events No Highlight Routine Redefined Combo Event PS Combo Event **Land Routine Event | PS - All Ages MA Comp MA Rec LC - All Ages | April 2021 | N/A |
| | | | Virtual In Water | More Likely | | | | | TBD |
| | | | Virtual Dryland | Certain | N/A | | | | Dryland Skills Competitions **Land Routine Event |

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**Land-based routine set to music, lasting +/-1:30 minutes, that incorporates a set of pre-defined land-based elements performed in a prescribed order by 1 to 12 athletes.



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Provincial Championships

| COMPETITION / EVENT | | DATES | EVENT TYPE | LIKELINESS | DECISION DEADLINE | EVENT CATEGORIES | AGE & STAGE | REGISTRATION DEADLINE | VIDEO SUBMISSION DEADLINE |
|--------------------------|---------------------------|----------------------|------------------|-------------|-------------------|--|------------------------------------|-----------------------|---------------------------|
| PROVINCIAL CHAMPIONSHIPS | National Stream | February 26-28, 2021 | In Person | Less Likely | January 1, 2021 | 13-15 Figure & Routine Events Junior & Senior Technical & Free Events No Highlight Routine Redefined Combo Event **Land Routine Events | NS - All Ages | January 22, 2021 | N/A |
| | | | Virtual In Water | More Likely | | | | | February 19, 2021 |
| | | | Virtual Dryland | Certain | N/A | | | | |
| | Provincial Stream Masters | June 2021 | In Person | Less Likely | March 1, 2021 | All PS Figures & Routine Events MA Competitive Technical & Free Events No Highlight Routine Redefined Combo Event PS Combo Event **Land Routine Event | PS - All Ages MA Comp MA Rec | May 2021 | N/A |
| | | | Virtual In Water | More Likely | | | | | TBD |
| | | | Virtual Dryland | Certain | N/A | | | | |

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