

What to Expect for the 2022-2023 Season

While the World awaits final confirmation on the adoption of the new 2022-2025 FINA Artistic Swimming rules that govern our sport and we await Canada Artistic Swimming's rules for the 2022-2023 season, BC Artistic Swimming is sharing with our members a summary of 'what to expect' for the coming season. The information presented below is not confirmed or approved and is subject to change between now and the release of BC Artistic Swimming's 2022-2023 Technical Package. There may be other rule changes that are not included below.

The rule changes adopted by FINA and CAS will affect the levels of competition in BC differently. National Stream will align with national and international changes ensuring our BC athletes and routines are prepared for national competitions. All other streams will follow a progressive pathway towards the changes with minimal impact on the 2022-23 season. Please refer to the individual NS and PS sections herein.

Coach/Officials Education & Training

Much of the first four months of the 2022-23 season will focus on technical education and training for coaches and officials. Training will occur virtually and in-person and will leverage the Training Meets.

When	What	Who (Lead)	Where
September 20*	Presentation of 12& Under and Youth Figures	Christina Demiris	Virtual
October 4, 11, 18, 25*	Annual Summit (non-technical & governance focus)	Jennifer Keith	Virtual
October 29-30	CAS Technical Conference**	CAS	Calgary
November 2*	CAS Technical Conference Debrief – Peer Share	Tanya Magee	Virtual
November 4-6	BCAS Training Meet & Technical Conference #1	BCAS	Victoria
November 30*	Technical Check In & Update	Tanya Magee	Virtual
December 9-11	BCAS Training Meet & Technical Conference #2^	BCAS	Surrey
January 11*	Technical Check In & Update	Tanya Magee	Virtual

* Dates to be confirmed.

** NS Clubs encouraged to attend/May be livestreamed for all.

^ Topics determined after TM1

BCAS Training Meets & Technical Conferences

To make training meets more meaningful for coaches, athletes, and officials, BCAS is revamping the traditional format. Here is what you can expect:

- 🌸 Scheduling that requires no more than one overnight stay for out-of-town athlete participants.
- 🌸 In-water group sessions for athletes, coaches, and officials prior to meet simulation/training meet. Sessions will be recorded for future education.
- 🌸 A meet simulation or training meet component:
 - Age Groups/Streams will follow the same progressions from basic positions to figure halves to whole figures as they have done in the past (see age group appendices in the [2021-2022 Technical Package](#) for individual age group progressions).
 - Athletes will present basic positions or parts of some of the new figures or full elements (depending on age group and stream).
 - No flashing scores – judges will score swimmers for educational and group learnings purposes.
- 🌸 Classroom sessions for coaches and officials.



Provincial Stream

Including Masters and Adaptive artistic swimming athletes competing in BC.



FIGURES

- ✦ Alignment with CAS recommendations for 10 & Under figures as appropriate
- ✦ Adoption of **ALL** new FINA figures with some modifications to 13-15 and 16-20 figures.
- ✦ All athletes will compete 4 figures for the 2022-23 season.
- ✦ Figure draw timelines will remain the same as last season.
- ✦ Only a 1-point penalty will be given for an incorrect figure in 10 & Under, 11-12, Adaptive Artistic Swimming and Limited Competitive with a re-swim (zero is still given if figure is performed incorrectly during re-swim).



ROUTINES

- ✦ Adoption of new time limits. **Note:** new rule of +/- 5 seconds will be in place (no longer the 15 second allowance).
- ✦ Same judging system as we have used in the past with the potential for shadow panels of the new system.
- ✦ Combo will continue to be an event for 11-12 age groups and up.
- ✦ No Acrobatic Routine event (formerly Highlight Routine).
- ✦ Deck work and walk-ons are now part of the judged performance.



OTHER INFO

- ✦ Addition of an optional 16-20 PS Team Element Event – will not count towards championships score. Will help prepare athletes of the Ignite Assessment Camp and bridge the gap between PS and NS.
- ✦ Information regarding FINA Masters and Adaptive Artistic Swimming figures and rule changes are TBD at this time.



National Stream

*** Unless otherwise noted in the BCAS Technical Package, BCAS will align with CAS on the rules as laid out in the 2022-2023 CAS Rule Book and in their Technical Memos. ***



FIGURES

- Adoption of **ALL** new figures and the figure draw process.
- Adoption of figure draw timeline in accordance with FINA and CAS.
- Adoption of two figures at Provincial Qualifier and Provincial Championships.



ROUTINES

- Adoption of new time limits. **Note:** new rule of +/- 5 seconds will be in place (no longer the 15 second allowance).
- Adoption of all elements including set number of hybrids and set number of highlights.
- Adoption of the hybrid table.
- Mandatory submission of a Coach Card (with no penalty for incorrect cards).
- Deck work and walk-ons are now part of the judged performance.
- Combo Routine event for 13-15 age group only.
- Acrobatic Routine event (formerly Highlight Routine) for Junior and Senior.
- One first-year Junior athlete may swim on a 13-15 team and one first-year Senior athlete may swim on a Junior team.



OTHER INFO

- Junior is age 15-19.
- 12-year-olds will no longer be able to swim up to 13-15.